

2023 SUMMER CHEERLEADING DATES

SUMMER COMMITMENTS:

SUMMER WEIGHTS: MAY 30th - JUNE 23rd (MANDATORY) 7AM

SUMMER PRACTICES: JUNE 6th TUESDAY/THURSDAY 3:30-5:30

MSHSAA CAMP: JUNE TBD (Typically week of JUNE 12th)

RSHS HOME CAMP: JUNE TDB

RSHS COMP CHOREOGRAPHY DAY: TBD

TEAM BONDING LAKE DAY: JULY TBD

REGULAR SEASON PRACTICE STARTS MONDAY AUGUST 7TH

Practice dates will be 7-11th 14-18th, 21-25th (EACH ATHLETE MUST HAVE 14 DAYS LOGGED TO CHEER IN FIRST GAME)

JAMBOREE: FRIDAY AUGUST 18th

FIRST GAME: FRIDAY AUGUST 25th

READ IN FULL:

Your attendance at summer obligations is crucial to your success as a RSHS Cheerleader. All cheerleaders are expected to commit to summer cheerleading dates. The UCA Camp will be our big camp this year. We will have a UCA trainer at camp to help us prepare and master our routines, stunts and cheers. If you make the squad, you have accepted and agreed to attend the summer practices and training camps. We will continue practices almost everyday m-f after camp to prepare for our first football game and regional competition. We are REQUIRED 14 practices before cheering at our first game (MSHSAA rules). Failure to attend will result in restricted participation when the season kicks off, as you will not know the material and you will have forfeited your opportunity to learn specific skills that will be used in our performance material.

If you have a summer commitment currently scheduled, please have a parent email those dates to coach bekebrede at sbekebrede@wolves.k12.mo.us

Remember, you are an important member of a team that is counting on you! It takes each of you to make this season successful and amazing!